

**BEING ASSERTIVE: FINDING THE SWEET-SPOT
BETWEEN PASSIVE & AGGRESSIVE**

Frances Benvenuto

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Topic Being Assertive: Finding the Sweet-Spot between Passive & Aggressive.

hit the sweet spot between passivity (not being assertive enough) and aggression So, if your disposition tends to be more passive or aggressive, then it's a good . Being assertive means finding the right balance between passivity (not.

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